

# Get Connected - Get Support!



## Community Resources

Scan the QR Codes Below to Find Assistance for Childcare, Food, Transportation, Financial, Housing, Physical and/or Substance Abuse, & Mental Healthcare, and More!



**Giving Kitchen**

Assists with Injury, Illness, Funerals, & Housing Disasters



**Care.com**



**Findhelp.org**



**HiveSTRONG**

Because domestic violence and abuse is on the rise. You or someone you know may need this support.



**Crisis Support**

If you or someone you know is in crisis, call or text 988 to reach the Suicide and Crisis Lifeline, chat with them online via their website, or text HOME to 741741 (multiple languages available). If this is an emergency, call 911.



**211 by United Way**